



Psalms 62

11/3/19 AM

HE ONLY IS MY ROCK

Introduction:

superscription:

“for the choir director” -

“according to Jeduthun” (Psalms 39, 77; II Chronicles 5:12)

“a psalm of David” (*mizmor*)

I. WE LEARN PATIENCE THROUGH TRIALS (62:1-4)

A. Reliance (vs. 1-2)

“My soul waits in silence for God only; from Him is my salvation.”

“He only is my rock and my salvation, my stronghold;”

“I shall not be greatly shaken.”

B. Retribution (vs. 3-4)

“How long will you assail a man, that you may murder him, all of you, like a leaning wall, like a tottering fence?”

“They have counseled only to thrust him down from his high position;”

“They delight in falsehood; they bless with their mouth, but inwardly they curse.”

“Selah.”

II. WE LEARN PATIENCE THROUGH TRUST (62:5-8)

A. Private Testimony (vs. 5-7)

“My soul, wait in silence for God only, for my hope is from Him.”

“He only is my rock and my salvation, my stronghold; I shall not be shaken.”

“On God my salvation and my glory rest;”

“the rock of my strength, my refuge is in God.”

B. Public Testimony (vs. 8)

“Trust in Him at all times, O people; pour out your heart before Him;”

“God is a refuge for us. Selah.”

III. WE LEARN PATIENCE THROUGH TRUTH (62:9-12)

A. Man is Unreliable (vs. 9-10)

“Men of low degree are only vanity and men of rank are a lie;”

“In the balances they go up; they are together lighter than breath.”

“Do not trust in oppression and do not vainly hope in robbery;”

“If riches increase, do not set your heart upon them.”

B. God is Unshakable (vs. 11-12)

“Once God has spoken; twice I have heard this:”

“That power belongs to God; and lovingkindness is Yours, O Lord,”

“For You recompense a man according to his work.”

Conclusion:

Food for Thought:

- 1) What does it mean to “wait in silence”?
- 2) Describe what you understand about “pour out your heart before him”. (vs. 8)
- 3) What does vs. 10 teach us about wealth?
- 4) What is the “recompense” mentioned in vs. 12?