



# ACBC Approved Reading List

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The following books will be helpful to you as you complete your ACBC exams. Individuals pursuing ACBC Certification are required to read **1,000** pages or more from the following resources, **300** pages of which must be from the Biblical Counseling & Theology text category.

## Biblical Counseling & Theology

*A Theology of Christian Counseling* by Jay Adams

*A Theology of Biblical Counseling* by Heath Lambert

*Biblical Doctrine: A Systematic Summary of Bible Truth* by John MacArthur and Richard Mayhue

*Systematic Theology* by Louis Berkhof

*Systematic Theology* by John Frame

*Christian Theology* by Millard Erickson

*Basic Theology* by Charles Ryrie

*Moody Handbook of Theology* by Paul Enns

*The Inspiration and Authority of the Bible* by B.B. Warfield

*Words of Life* by Timothy Ward

*Created in God's Image* by Anthony A. Hoekema

*Power Encounters: Reclaiming Spiritual Warfare* by David Powlison

*A Fight to the Death: Taking Aim at Sin Within (Strength for Life)* by Wayne Mack

*Trusting God* by Jerry Bridges

*God's Greater Glory* by Bruce Ware

*When People are Big and God Is Small* by Ed Welch

## Counseling & Anger

*Uprooting Anger* by Robert Jones

*Anger & Stress Management* by Wayne Mack

*The Heart of Anger* by Lou Priolo

## Counseling & Sorrow

*Out of the Blues* by Wayne Mack

*Spiritual Depression* by Martyn Lloyd Jones

## Counseling & Anxiety

*Courage: Fighting Fear with Faith* by Wayne Mack

*Fear, Worry, and Anxiety* by Elyse Fitzpatrick

## Counseling & Avoidance

*Finally Free: Fighting for Purity with the Power of Grace* by Heath Lambert

*Addictions: A Banquet in the Grave* by Ed Welch

*The Heart of Addictions* by Mark Shaw

## Counseling & Conflict

*The Peacemaker* by Ken Sande

*Unpacking Forgiveness* by Chris Brauns

*Pursuing Peace* by Robert D. Jones

## **Introduction to Biblical Counseling**

*The Christian Counselor's Manual*  
by Jay Adams

*How to Help People Change* by  
Jay Adams

*Counseling: How to Counsel  
Biblically* by John MacArthur

*Seeing with New Eyes* by David  
Powlison

*Instruments in the Redeemer's  
Hands* by Paul David Tripp

*The Trellis and the Vine* by  
Colin Marshall and Tony  
Payne

*The Biblical Counseling Movement  
after Adams* by Heath Lambert

*Counseling the Hard Cases* edited  
by Stuart Scott and Heath  
Lambert

*Counsel Your Flock* by Paul  
Tautges

*Blame It on the Brain?* By Ed  
Welch

*How People Change* by Timothy  
Lane and Paul David Tripp

*Putting Your Past in Its Place* by  
Steve Viars

*Competent to Counsel* by Jay  
Adams

*Speaking the Truth in Love* by  
David Powlison

*Counseling by the Book: Revised  
and Expanded Edition* by John  
Babler and Nicholas Ellen

*Biblical Crisis Counseling: Not If,  
But When* by John Babler

## **Counseling & Family**

*Peacemaking for Families* by Ken  
Sande

*This Momentary Marriage* by  
John Piper

*When Sinners Say I Do* by Dave  
Harvey

*The Excellent Wife* by Martha  
Peace

*The Exemplary Husband* by  
Stuart Scott

*Big Truths for Young Hearts* by  
Bruce Ware

*God, Marriage, and Family* by  
Andreas Köstenberger

*The Faithful Parent* by Stuart  
Scott and Martha Peace

*Shepherding a Child's Heart* by  
Ted Tripp

*You Never Stop Being a Parent*  
by Jim Newheiser and Elyse  
Fitzpatrick

*Marry Wisely, Marry Well* by  
Ernie Baker

*The Biblical Counseling Guide for  
Women* by John and Janie  
Street

*In the Aftermath: Past the Pain of  
Childhood Sexual Abuse* by  
Pamela Gannon and Beverly  
Moore